

DREAM, "Disease Relief through Excellent and Advanced Means" is a programme created by the Community of Sant'Egidio to fight AIDS in sub-Saharan Africa.

The project implements a holistic approach, combining antiretroviral therapy (Highly Active Antiretroviral Therapy - HAART) with the treatment of malnutrition, tuberculosis, malaria and sexually transmitted diseases. Particular attention is paid to health education at all levels.

DREAM aims to pursue its objectives by attaining the highest qualitative standards for the treatment and care of HIV.

DREAM started in Mozambique in March 2002, after two years of preparatory work. The idea to start such a project was born in 1998, when the Community of Sant'Egidio decided to take on the struggle against the devastating impact of HIV/AIDS in Africa.

The DREAM programme aims to introduce the essential components for a complete strategy of prevention and treatment of AIDS within the structures of national health systems.

The programme recommends itself as a model for wide application as a response to the epidemic.

The main objective has been attained through the realization of a free service of diagnosis and treatment.

The prevention of the transmission of HIV through home care services (Community Care and Home Care services - CCHC) and mother-to-child transmission (Mother and Child Prevention and Care MCPC) are key components of the programme.

11 countries where DREAM is active:

Mozambique, Malawi, Tanzania, Kenya,
Republic of Guinea, Swaziland, Cameroon,
Congo DRC, Angola and Nigeria

47
clinical Centres

millions of people in recent years

have benefited from the DREAM programme, for free (drugs, medical care, health training, water filters, nutritional support, mosquito nets, sensitization and prevention programs at work places and through the media)

25 biomolecular laboratories

99.9%
children born HIV free
to HIV positive mothers

120 training COURSES

thousands of
trained African professionals



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